



# Unit Overview

Grades K-6

## Every Lesson:

- Identifies **key vocabulary** and **tricky phrasing**
- Includes **discussion starters** and **questions to check for understanding**
- Features engaging **writing prompts**
- Includes **activities** and at least one **printable activity** or resource

## Common Standards

Every lesson plan aligns with grade-level standards in **Reading, Writing, Speaking & Listening and Literacy.**

Every lesson plan supports **ASCA Mindsets & Behaviors.**

## Aligned to

Seven lesson plans that introduce and focus on growth vs. fixed mindset



## How to Grow A Brain

Assembly Recap

Follow-up after the assembly by using the fold-out poster to compare the growth of a tree to the growth of your brain. Every school receives this poster in their post-show folder the day NED's Mindset Mission visits your school.

IDEAL FOR PRIMARY K-2 LESSON PLANS

Book Title and Author	Printable Activities	Themes
 <b>How to Grow A Brain</b> Introducing a Growth vs. Fixed Mindset	<ul style="list-style-type: none"> <li>• <b>NED's Poems:</b> <i>Teaching Aid</i></li> <li>• <b>T-Chart:</b> <i>Compare/Contrast</i></li> <li>• <b>Card Set:</b> <i>Growth Mindset Practice</i></li> </ul>	Determination Do Your Best Grow Your Brain Mindset I Can Learn from Mistakes Never Give Up Overcoming Obstacles Perfectionist Perseverance
 <b>The Girl Who Never Made Mistakes</b> by Mark Pett and Gary Rubinstein and illustrated by Mark Pett	<ul style="list-style-type: none"> <li>• <b>Trace Sheets:</b> <i>Writing Practice</i></li> <li>• <b>Story Planning Sheets:</b> <i>Creative Writing</i></li> <li>• <b>Bookmarks:</b> <i>Art Project</i></li> <li>• <b>Encouragement Notes:</b> <i>Home Connection for Parents</i></li> </ul>	
 <b>A Perfectly Messed-Up Story</b> by Patrick McDonnell	<ul style="list-style-type: none"> <li>• <b>Now I Can:</b> <i>Draw/Write Practice</i></li> <li>• <b>4 Thoughts:</b> <i>Personal Reflection</i></li> <li>• <b>Fingerprints Poem:</b> <i>Art Project</i></li> <li>• <b>NED Feelings:</b> <i>Emot. Intelligence Exercise</i></li> <li>• <b>Magnets:</b> <i>Home Connection for Parents</i></li> </ul>	

IDEAL FOR INTERMEDIATE 3-6 LESSON PLANS

Book Title and Author	Printable Activities	Themes
 <b>How to Grow A Brain</b> Introducing a Growth vs. Fixed Mindset	<ul style="list-style-type: none"> <li>• <b>2 Mindsets:</b> <i>Personal Reflection</i></li> <li>• <b>NED Says:</b> <i>Group Activity</i></li> </ul>	Determination Do Your Best Failures are Important Grow Your Brain Mindset I Can Learn from Mistakes Never Give Up Overcoming Obstacles Perseverance
 <b>The Most Magnificent Thing</b> by Ashley Spires	<ul style="list-style-type: none"> <li>• <b>Bookmarks:</b> <i>Art Project</i></li> <li>• <b>Story Planning:</b> <i>Pre-Write Brainstorm</i></li> </ul>	
 <b>Mistakes That Worked</b> by Charlotte Foltz Jones and Illustrated by John O'Brien	<ul style="list-style-type: none"> <li>• <b>Cause &amp; Effect:</b> <i>Sequential Thinking</i></li> <li>• <b>Summary:</b> <i>Story Reflection</i></li> <li>• <b>Encouragements Notes:</b> <i>Home Connection for Parents</i></li> </ul>	

